



# WELCOME TO RAPID TRANSFORMATIONAL THERAPY® (RTT®)

#### Our contemporary training program gives you:

- Access to 350+ hours of training material, including real-time demonstrations from the creator of RTT®, Marisa Peer.
- A choice of training with Marisa and her expert team, via RTT<sup>®</sup> Live In-Person or RTT<sup>®</sup> Live Online.
- Credentials including: certified in RTT® status upon completion and Certified Hypnotherapist
- Training in a results-driven, award-winning methodology.
- Unrivaled support from your tutors, trainers, broader support services and like-minded RTT® tribe.
- Access to in-depth marketing training giving you the tools to be successful.



# RAPID TRANSFORMATIONAL THERAPY® IS AN AMAZING CONTEMPORARY THERAPY CREATED BY AWARD-WINNING THERAPIST, MARISA PEER.

It has been said that Marisa's true talent is making what seems complex, accessible and straightforward.

RTT® combines many well-regarded approaches of modern psychology, psychotherapy, hypnotherapy, NLP and CBT, into a unique and interesting modality.

Based on what works with real clients and tested over a three-decade-long career, RTT® has been proven to deliver outstanding results.

It works because rather than treating clients' presenting symptoms, RTT® uncovers and reframes the root cause of clients' issues. Marisa teaches that we are not born with negative beliefs and habits; we acquire them and through RTT® our clients can relinquish them.

## WHAT IT MEANS TO BE CERTIFIED IN RTT®

The RTT® training provides you with a powerful set of tools so that you can make a profound difference to your clients' lives and your own.

Becoming certified in RTT® will give you the framework, and techniques to work with a multitude of clients and presenting issues. You will learn how to disrupt negative beliefs and habits, and install positive behaviors in clients.

RTT® goes deeper and gets results faster, which gives you immense career satisfaction and fulfillment. Clients tell us their issues are resolved more quickly than with traditional approaches. This sense of achievement gives you the confidence you need to succeed.

It is not just your clients who will benefit - this transformation begins with you. In transforming the lives of others, you will no doubt learn how to transform your own life and use the tools in a way that meets your own need for change.

Rapid Transformational Therapy<sup>®</sup> is making waves as a practical, revolutionary and life-changing therapy. Our evidence shows that RTT<sup>®</sup> is establishing fast results with some of the most complex issues.

## STUDYING RTT®



The unique power of RTT® is that Marisa has made the seemingly complex study of the mind easy to understand. A range of theoretical approaches underpins the program but, unlike other training, the focus is active, practical, and experiential learning. As Marisa says, "You don't learn to swim by reading a book."

Whichever pathway you are working towards, RTT® enables you to work with individuals and groups, dealing with a broad range of issues and conditions, including anxiety, depression, addictions, and physical health problems.

As part of the program, you will receive detailed guidance on each tool and everything you need to set your clients up for success. You will also have 24/7 access to footage of real-life sessions, analysis, and several ready-made scripts to aid your learning.

The program provides amazing opportunities to network with colleagues, explore potential areas of interest, i.e.; working with children and teenagers to increase their self-esteem and confidence at school and in sports.

Whatever you choose, when you train in RTT® you are given outstanding support, including your own private Facebook group and webinars each month on RTT® specialist subjects.

"If you are concerned that you might lack experience, let me put your mind at rest."

Many of our successful graduates had no prior therapy training, just a passion for helping others. Doctors, nurses, personal trainers, coaches, beauty therapists, city workers, teachers, marketers, police officers, small business owners, single parents, career-changers and retirees - all quickly learned to apply the tools with confidence and are now generating their own success, with a growing client base.

I'M SO THRILLED WITH THE RTT® METHOD. I HAVE SUCH CONFIDENCE WITH THIS. I'VE DONE AROUND NINE SESSIONS ALREADY. I'M GETTING GREAT FEEDBACK, HAPPY CLIENTS AND I LOVE IT!

RTT® Graduate

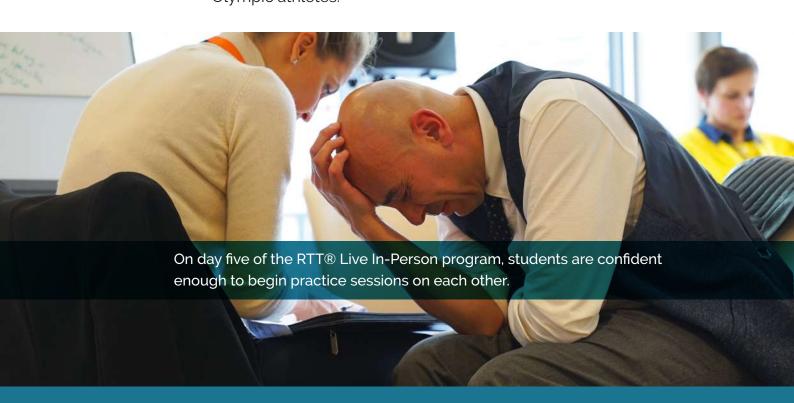
## RTT® USES SAFE, PROVEN AND POWERFUL TECHNIQUES

RTT® utilizes hypnosis, which is used to assist with countless clinical and medical conditions. This is a selection of just some of the areas in which the successful use of hypnosis has been documented:

- Agoraphobia
- Addictions
- Allergies
- Anxiety and stress
- Asthma
- Autoimmune disorders
- Bed-wetting
- Blushing
- Depression
- Exam stress
- Fears and phobias

- Irritable bowel syndrome
- Insomnia
- Nail biting
- Memory and concentration
- Migraines
- · Public speaking
- PTSD
- Sexual problems
- Skin conditions
- Sporting ability
- Weight control

New areas for the successful use of RTT® are continually emerging. Recent examples include assistance in IVF treatment, hypnobirthing, immune system support, coaching, and money management. RTT® is being used in the medical profession, in schools, with business leaders, and even with Olympic athletes.





#### **RTT® Training for Business**

In the corporate world, RTT® uses the psychology of suggestion and human behavior to improve sales, trading, and team building. It can be used to optimize invaluable business skills.

#### **RTT® Training for Sports and Fitness**

Many successful and world-class athletes use RTT®, hypnosis, or visualization techniques to become the best in their sport - Tiger Woods, the Chicago White Sox team, the Swiss ski team, Jimmy Connors, and Jack Nicklaus, to name just a few.

Personal trainers are also now using RTT® to help their clients in weight-loss clinics. RTT® is becoming a central part of many health and fitness approaches.

#### **QUALIFICATIONS**

RTT® provides several awards and qualifications. There is the opportunity for specialist training once you have identified your niche.

The training integrates:

- Clinical hypnotherapy
- RTT®
- Root cause hypnotherapy
- Neuroplasticity
- Script hypnosis
- Suggestion therapy
- Corporate hypnotherapy
- Command hypnotherapy
- Transformational hypnotherapy



# UNDERTAKING THIS TYPE OF WORK IS SO REWARDING AND BECOMING AN RTT® THERAPIST CAN BE TRULY LIFE-CHANGING.

Hypnotherapy and hypnosis are among the fastestgrowing professions in the world. Marisa describes RTT® as "beyond hypnosis"— so why wait?

Many people waste a lifetime in unsatisfying roles. Here is a chance to change your future. Training in RTT® gives you the potential to create flexible working hours and the financial freedom many people can only dream of. Graduates regularly charge more than other therapists, as Marisa's training equips you to value yourself and the skills you have learned.

Whatever your reason for studying RTT®, our graduates say that it is a fantastic experience, lots of fun, and an excellent opportunity to form strong bonds with other students. When you join the RTT® tribe, you are not just training, you are also creating a network of support.



### PROGRAM FORMAT

What is unique about Marisa's RTT® training program is your ability to witness live therapy demonstrations and the remarkable, instantaneous results she achieves from these unscripted sessions.

Imagine successfully undergoing empowering breakthroughs and helping fellow students experience the same. You will understand how to implement lasting change and learn powerful mind-training techniques based on neuroscience. You will also receive an unrivaled opportunity to practice the techniques in a supported environment and receive practical feedback to help you improve and build confidence in your newfound skills.

#### Once the formal training is over you will:

- Be welcomed into a worldwide, growing tribe of like-minded people, all striving to achieve change in others.
- Have the opportunity to acquire your License to Practice and receive continued support via trained therapists, as well as monthly masterclasses to consolidate and stretch your learning.
- Have the opportunity to access a world-class marketing program to get your business off the ground and secure your first clients.
- Be able to join our exclusive Facebook groups where you can pose questions, share experiences, and give and receive support.



"I found the course went beyond any expectation I had... it's a phenomenal experience. Anyone who's thinking about doing this, just go for it."

JENNIFER WILLIAMS, OCTOBER 2017 GRADUATE

"I've done many different courses in the past, and you sit there and take notes... but this is definitely powerful because of the emotional involvement, and you see the results in your own self. It's probably one of the most fundamental tools you will ever learn in your own life... It's life-changing."

GERARD HILL, MARCH 2018 GRADUATE





"It's inspiring and enlightening to watch Marisa work, and the grad assistants are knowledgeable and approachable. I feel ready to use the method immediately following the course."

SHARI PATTILLO, APRIL 2018 GRADUATE

I REGULARLY HEAR FROM PEOPLE WHO TRAINED WITH ME ABOUT THE **SUCCESS** THEY ARE HAVING WITH RTT® AND HOW MUCH THEY LOVE WHAT THEY ARE DOING, NOTHING **GIVES ME GREATER** PLEASURE THAN HEARING **HOW MY TECHNIQUE IS** CHANGING LIVES.

Marisa Peer

# A TRAINING PROGRAM DESIGNED WITH YOU IN MIND.



RTT® is a comprehensive training and support program. Students can study at one of our RTT® Live In-Person training events or via our RTT® Live Online.

All of our students benefit from extensive support (detailed below) which is part of the program for up to 12 months from when you start your training.

#### **Dedicated Access to Email Support**

We are here to help with any RTT® query right from the beginning of your training. It could be anything from assistance in accessing the program and questions on Marisa's techniques, to help with confidence and how to deal with specific client issues.

#### **Exclusive Facebook Group**

Our Facebook groups are lively discussion forums that enable you to interact with your peers. They are an invaluable source of support and enable you to give and receive help and advice.

#### **Monthly RTT® Tutorials**

Your training does not stop once you complete the program. Direct training with Marisa - or one of her trusted specialists - continues with an online tutorial every month. You will have the opportunity to submit questions to Marisa for immediate feedback during the tutorial. Marisa travels the world teaching students and making presentations to large audiences, so these tutorials are a unique way to gain access to Marisa and continue to benefit from her expertise.

**Therapeutically-Informed Masterclasses** 

Due to her success and reputation, Marisa attracts experts and internationally-renowned speakers and authors to present masterclasses exclusively for her graduates. This is an opportunity to learn directly from highly regarded experts and get coveted access to their advice and guidance through Q&A's.

#### **Tutor Group Sessions**

You will be assigned an experienced RTT® Tutor who will welcome you into a wider RTT® tribe, help you locate all the resources and support available, and provide advice on how to keep on track. Tutoring gives you support and keeps you accountable for making it through to the completion of your studies.





#### **Monthly Drop-in Webinars**

A monthly hour-long group webinar to ask any questions you may have around what to do next in your journey and how to progress through the program.

#### **Annual Conference (fee applies)**

Our conferences enable you to reconnect with your fellow graduates, network with other therapists, attend workshops, and receive updates and new material from Marisa.

#### **Reflective Practice Register**

To ensure you continue to develop your RTT® skills, we create the opportunity to partner with fellow students or graduates each month to give and receive an RTT® session.

This enables you to build your confidence and learn from other RTT® Live In-Person students. It can also give you the chance to experience a free RTT® session once a month to work on any issues which may be preventing you from being the best practitioner possible.

#### **Practitioner Marketing**

Unlock access to our world-class marketing program upon becoming a licensed RTT® Therapist.

Practitioner Marketing contains everything you need to start and grow a successful business. It includes three distinct programs that will support you at every stage of your business's growth, from finding your first paying clients to growing and scaling up your business. You will also have access to a like-minded community to help you confidently take your business to the level that is right for you.

#### Certificate in Clinical Hypnotherapy

Attending one of our programs with face-to-face training will open up a route to becoming a certified clinical hypnotherapist. This will provide you with an enhanced qualification and give your clients more confidence. A certificate in Clinical Hypnotherapy is part of our Continuous RTT® Live In-Person Development Policy for licensed graduates.

#### Pathway to Becoming an RTT® Trainer

The opportunity to become a fully qualified RTT® Trainer and assist with future programs and events. Available after attending our *RTT® Live In-Person* training and obtaining a License to Practice.



#### Rapid Transformational Therapy® (RTT®) Live In-Person

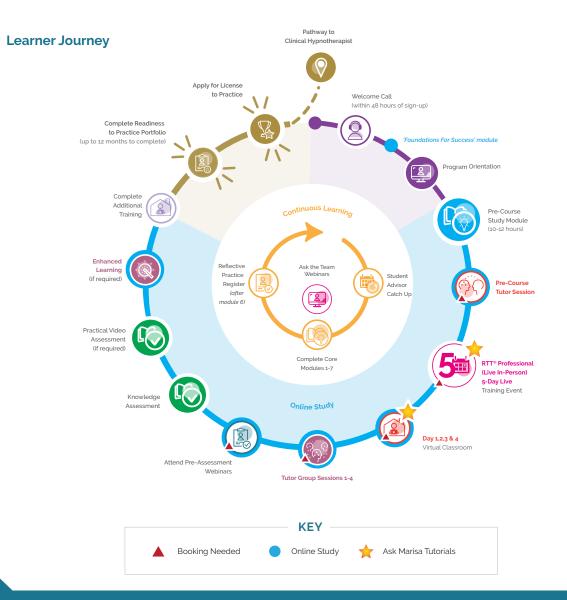
#### - Five-day LIVE, in-person training, and online study program

One of the most comprehensive hypnotherapy training programs in the marketplace, the live, in-person Rapid Transformational Therapy® training is a blended program. It brings together all the benefits of the RTT® Live Online program, plus five days of focused face-to-face tuition with Marisa and her team, personalized to meet your needs.

This approach allows you to schedule your study needs around existing commitments while attending a five-day, intensive, live training. You will have 4 Tutor Group Sessions while studying online to ensure you can apply the techniques correctly and have understood the materials, and you will form small teaching groups to ensure you feel part of a wider support community.

The live, in-person element provides you with a platform to apply the tools you have learned online whilst honing your skills through practice, which continues post program through extended support.

It is ideal for those who wish to have the full immersive experience, watching Marisa deliver live therapy sessions and direct teaching through group activities. Receive immediate expert guidance and feedback as you undertake hands-on practice with your fellow students.



#### Rapid Transformational Therapy® (RTT®) Live Online

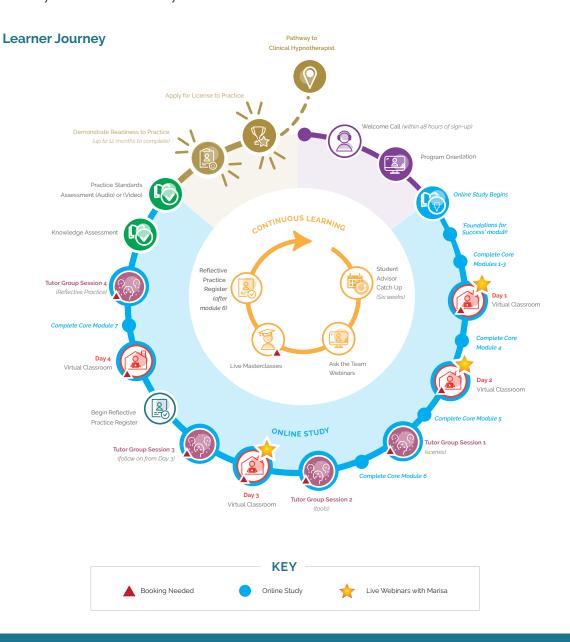
RTT® Live Online is a blended program including online study with Tutor Group Sessions, plus four days of LIVE virtual training with Marisa or her expert team.

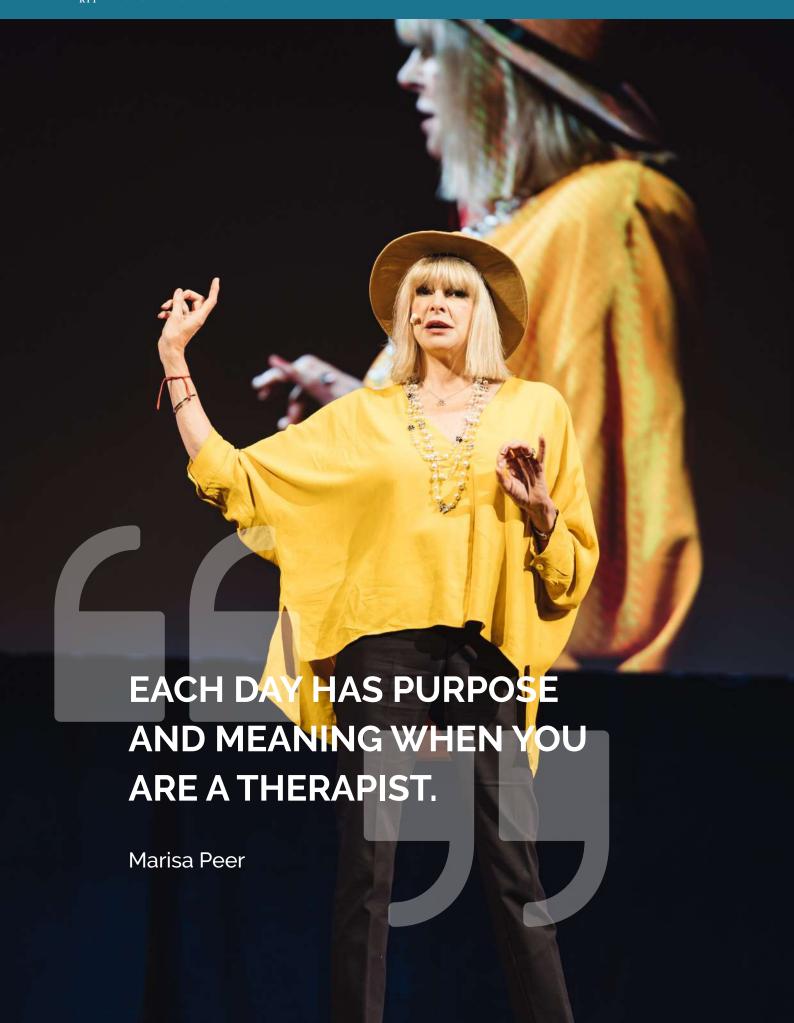
The program allows you to practice the tools and techniques of RTT® in groups under the guidance of RTT® Live In-Person trained staff and supervision from experienced RTT® Therapists.

This program is assessed by written examination and practical assessment. You are supported through Tutor Group Sessions and will participate in an in-house Reflective Practice Register to hone your skills and receive vital feedback in a supported environment.

You will also have access to three webinars with Marisa, plus monthly Q&A's and tutorials with both Marisa and the team.

All RTT® training delivers a wealth of strategies you can use with clients in an accelerated format so that you can achieve your qualifications in a matter of months. That does not mean we scrimp on RTT® Live In-Person or quality, rather we fully support you to achieve the results you want in the way that works best for you.





#### **Accreditation**

Our programs are endorsed by accrediting bodies across the world, acknowledging the high, professional standards we fulfill.



















#### RTT® programs are accredited by:

- International Association of Counsellors and Therapists
- International Institute for Complementary Therapists
- International Hypnosis Federation
- International Coaches Register
- International Hypnosis Association
- General Hypnotherapy Register
- Australian Society of Clinical Hypnotherapists
- New Zealand Association of Professional Hypnotherapists
- Association of Accredited Counsellors, Coaches, Psychotherapists and Hypnotherapists

Please speak to our advisors/sales team about specific accreditation for the course you are interested in. We have relationships with many international organizations and are happy to share knowledge on key markets. Our graduates practice worldwide and local regulations vary, so we recommend you research requirements in your area.



For further information or to book your program, please contact:

email: support@marisapeer.com

www.rtt.com

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